**Volunteer Opportunities**

American Association of Caregiving Youth

Writing graduation cards or letters of encouragement to seniors who are caring for chronically ill, injured, elderly or disabled family members

Send cards or letters to:  
Project Graduation  
AACY  
6401 Congress Avenue, Suite 200  
Boca Raton, FL 33487  
email [info@aacy.org](mailto:info@aacy.org)

The Cotton Bottom Diaper Bank

**Wrapping diapers to be distributed to families in need**

Email [info@cottonbottomdb.org](mailto:info@cottonbottomdb.org)

Catholic Charities Food Distributions

Food distribution to families in need

Call 561-775-9560

Palm Beach County Food Bank

Food Sorting and Distribution

Sign up online at <https://www.pbcfoodbank.org/volunteer>   
Call 561-670-2518 x 314  
Email [volunteer@pbcfoodbank.org](mailto:volunteer@pbcfoodbank.org)

Feeding South Florida

Food Sorting and Food Distribution

Sign up online at <https://volunteer.feedingsouthflorida.org/>  
Call 561-331-5441  
Email [volunteers@feedingsouthflorida.org](mailto:volunteers@feedingsouthflorida.org)

CROS Ministries

Pantry Food Packing and Food Sorting

Sign up online at <https://bit.ly/croshelp2020>   
Call 561-233-9009  
Email [gnauman@crosministries.org](mailto:gnauman@crosministries.org)

City of West Palm Beach

West Palm Beach has launched a COVID-19 Response Unit to help the city with long-term recovery and relief efforts associated with the COVID-19 epidemic.  As part of this effort, volunteers are needed to assist vulnerable residents.

Sign up online at <https://volunteer.volunteerflorida.org/organization/001f400001AEhMGAA1>

The Glades Initiative

Food Distribution in the Glades

Call 561-996-3310

Feed the Hungry Pantry

Food packing, distribution and delivery

Call 561-398-2828  
Email [daneshorter@yahoo.com](mailto:daneshorter@yahoo.com)

Meals on Wheels

Food packing and delivery to seniors

Call 561-802-6979

Boca Helping Hands

Drive-thru hot meal and pantry pick-up services

Call 561-417-0913  
Email [Denise@BocaHelpingHands.org](mailto:Denise@BocaHelpingHands.org)

Clinics Can Help

Medical equipment refurbishment

Call 561-640-2995  
Email [hello@clinicscanhelp.org](mailto:hello@clinicscanhelp.org)