**Volunteer Opportunities**

American Association of Caregiving Youth

Writing graduation cards or letters of encouragement to seniors who are caring for chronically ill, injured, elderly or disabled family members

Send cards or letters to:
Project Graduation
AACY
6401 Congress Avenue, Suite 200
Boca Raton, FL 33487
email info@aacy.org

The Cotton Bottom Diaper Bank

**Wrapping diapers to be distributed to families in need**

Email info@cottonbottomdb.org

Catholic Charities Food Distributions

Food distribution to families in need

Call 561-775-9560

Palm Beach County Food Bank

Food Sorting and Distribution

Sign up online at <https://www.pbcfoodbank.org/volunteer>
Call 561-670-2518 x 314
Email volunteer@pbcfoodbank.org

Feeding South Florida

Food Sorting and Food Distribution

Sign up online at <https://volunteer.feedingsouthflorida.org/>
Call 561-331-5441
Email volunteers@feedingsouthflorida.org

CROS Ministries

Pantry Food Packing and Food Sorting

Sign up online at <https://bit.ly/croshelp2020>
Call 561-233-9009
Email gnauman@crosministries.org

City of West Palm Beach

West Palm Beach has launched a COVID-19 Response Unit to help the city with long-term recovery and relief efforts associated with the COVID-19 epidemic.  As part of this effort, volunteers are needed to assist vulnerable residents.

Sign up online at <https://volunteer.volunteerflorida.org/organization/001f400001AEhMGAA1>

The Glades Initiative

Food Distribution in the Glades

Call 561-996-3310

Feed the Hungry Pantry

Food packing, distribution and delivery

Call 561-398-2828
Email daneshorter@yahoo.com

Meals on Wheels

Food packing and delivery to seniors

Call 561-802-6979

Boca Helping Hands

Drive-thru hot meal and pantry pick-up services

Call 561-417-0913
Email Denise@BocaHelpingHands.org

Clinics Can Help

Medical equipment refurbishment

Call 561-640-2995
Email hello@clinicscanhelp.org