

# INCOME PROGRAMS



Adults who are financially stable are less likely to live on the streets, engage in crime and risky behaviors and develop health problems. Income-based programs allow adults to find and maintain jobs, secure housing, build valuable skills so they can earn more, pay down debt, develop assets and save for the future. At the Town of Palm Beach United Way, we know that the entire community benefits when families and individuals achieve financial stability.

## Access to Jobs and Job Skills

### Boca Helping Hands—Job Training

Boca Helping Hands awards scholarships for qualified candidates to attend accredited vocational training classes that prepare them for 11 career paths in the healthcare, information technology, transportation, and construction industries. Staff and volunteer mentors counsel the unemployed and underemployed in basic workplace skills and help them polish resumes and search for jobs.

### EI Sol—English as a Second Language

EI Sol's English as a Second Language program offers clients the opportunity to learn English, integrate into the community, and acquire jobs. Curriculum focuses on navigating the American healthcare and financial systems, and teaches vocabulary for work and everyday life. Students also learn the norms of American culture by having teachers explain idiomatic expressions, terms, and traditions.

### The Lord's Place—Café Joshua Job Training and Employment

Café Joshua is a comprehensive job training and employment program for homeless and formerly incarcerated adults.



The program offers career assessment and planning; job coaching; job skills classes; digital literacy instruction; social enterprise-based job training; cognitive-behavioral intervention workshops; GED/Adult Literacy tutoring; job development; and job placement and retention support.

### Project LIFT—Job Readiness

The Job Readiness program provides access to jobs and vocational training for youth ages 17-25 who are not enrolled in school. Participants are trained in welding, carpentry, HVAC and more, and connected with industry partners in need of skilled employees. Career counseling supports the teens' transition and success in the workplace.

## Financial Education and Community Support

### 211 Palm Beach—2-1-1 Helpline

211 Helpline provides 24-hour information and referral services, crisis de-escalation, and suicide prevention. Call specialists help connect people to resources when they have had a crisis and need financial assistance. They also provide disaster-related support and have six internal programs (for seniors, children, veterans, etc.) for more in-depth support.

### Farmworker Coordinating Council—Family Preservation

The Family Preservation and Economic Stabilization program focuses on assisting low income farm workers and their families to reduce their risk of becoming homeless or suffering from hunger. Based in Lake Worth and Belle Glade, the program provides a variety of services such as Case Management, Emergency Rental Assistance, Financial Education, Distribution of Food and Clothing, Transportation, Referrals and additional services that promote self-sufficiency.

# Food Assistance

## **Boca Helping Hands—Backpacks**

Boca Helping Hands' Backpacks program provides food insecure students with non-perishable, easy-to-prepare meals to ensure they get enough to eat on weekends (when they can't depend on school meals). Each Friday during the school year, the agency sends schoolchildren home with a box full of meals, snacks, and drinks that meet recommended dietary guidelines.

## **Boca Helping Hands—Pantry**

The Boca Helping Hands Pantry Program provides pantry bags of groceries to Palm Beach County residents living at 130% or below of the federal poverty level. Bags are distributed by staff and volunteers at five locations in Palm Beach County.

## **CROS Ministries—Community Food Pantry**

The Community Food Pantry program consists of seven food pantries serving 14 different Palm Beach County locations and two warehouses for storage. Its purpose is to increase access of nutritious food for families and individuals who are hungry or food insecure. Community partnerships help provide additional food-related assistance, such as applying for SNAP benefits.



## **El Sol—El Sol Kitchen**

El Sol's Kitchen provides breakfast, a to-go lunch, and hot meals for day laborers waiting for work in El Sol's Labor Hall in Jupiter. The program ensures day laborers receive at least one balanced meal a day and gives them the energy needed to complete hard outdoor work. Clients also benefit by saving money earned from work for bills rather than food expenses.

## **Homeless Coalition—Breaking Bread, Breaking Barriers**

Breaking Bread, Breaking Barriers provides nutritious and filling meals for clients residing at the Senator Philip D. Lewis Center. The program provides three meals a day to the residents. This helps solve food insecurity while uplifting mindsets and increasing health/wellness, thereby helping clients reintegrate into society.

## **Palm Beach County Food Bank—Food Recovery & Distribution**

Palm Beach County Food Bank procures and distributes food to frontline, hunger relief partner agencies (soup kitchens, food pantries, and shelters) across Palm Beach County who then provide food directly to low income, food insecure residents.

## **The Glades Initiative—Glades Food Security**

The Glades Food Security program improves access to healthy, affordable food and other vital services for Glades residents. Weekly food distribution averages 935 residents in 325 households. Clients receive help applying for SNAP/Medicaid benefits, and emergency rent/utility assistance. Nutrition Education teaches clients how to eat healthy on a budget. The Glades Initiative Food Bank supports 8 partner agencies with supplemental food.

# Housing Support

## **Adopt-A-Family—Housing Stabilization**

Adopt-A-Family's Housing Stabilization Program prevents homelessness for lower-income Palm Beach County families who can't pay their rent because they're enduring an unanticipated crisis – typically an illness, injury, or job loss. By providing short-term rent/utility assistance augmented by case management, the program provides a safety net while families return to self-reliance.

## **Adopt-A-Family—Program REACH**

Program REACH is Palm Beach County's primary emergency shelter for families experiencing homelessness, providing 19 units of 90-day interim housing paired with support services. Intensive case management helps families overcome barriers and identify housing options. Other program supports include tutoring, budget coaching, computer access, food pantry, and a clothing closet.

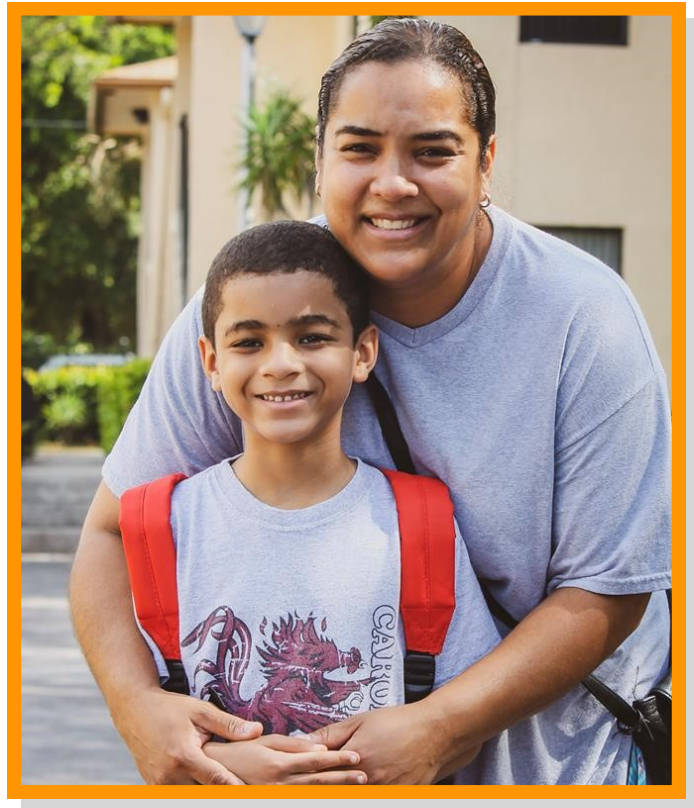
# Housing Support continued

## **Adopt-A-Family—Service Enriched Housing**

Service Enriched Housing is an affordable housing program that provides a path to homeownership and/or financial independence for 31 employed Palm Beach County families who otherwise would struggle to maintain housing. Through case management, financial literacy education and a unique rent structure, residents can break the cycle of paycheck-to-paycheck living while building savings.

## **The Lord's Place—Family Campus**

The Family Campus provides supportive housing to 37 families experiencing homelessness. Families have access to case management, peer support, benefits navigation, job training, counseling, life skills workshops, health coordination, and educational support for children. Through these services, more than 90% of families remain stably housed during the year.



# Domestic Violence

## **Aid to Victims of Domestic Violence—Outreach**

AVDA's Outreach program is comprised of supportive services for survivors and community-based prevention. Trauma-informed, empowerment-based services include individual and group support, legal advocacy, financial literacy, and safety planning. Prevention programming offers age-appropriate education for youth and adults to improve community response and reduce the occurrence of domestic violence.



## **Aid to Victims of Domestic Violence—Extended Shelter**

AVDA's Extended Shelter provides safe housing, food, and comprehensive supportive services to victims of domestic violence who have extenuating circumstances that require an extended length of stay beyond the six weeks in AVDA's emergency shelter to move into violence-free living.

## **HomeSafe—SafetyNet**

SafetyNet offers a full spectrum of prevention and intervention services for victims of family violence, including year-round adult, teen, and child therapeutic support groups, individual therapy, crisis intervention, preventive education and court advocacy. The goal is to prevent the cycle of violence from perpetuating from generation to generation.

## **YWCA of Palm Beach County—Harmony House**

YWCA's Harmony House program offers assistance to victims of domestic violence so they can escape their abusers. The program provides shelter, outreach, individual/group therapy, financial literacy, employment assistance, and safety planning among other services to empower survivors to rebuild their lives and live a life free of abuse.