

## **HEALTH** **DISABILITIES, SPECIAL NEEDS AND OLDER ADULTS**

**TOTAL HEALTH PROGRAM INVESTMENTS: \$701,700**

**TARGET OUTCOMES: INDIVIDUALS WITH DISABILITIES AND SPECIAL NEEDS MAINTAIN INDEPENDENT LIVING AND/OR HAVE INCREASED OR SUSTAINED FINANCIAL STABILITY.**

### **211 Palm Beach ([www.211palmbeach.org](http://www.211palmbeach.org))**

#### **Elder Crisis Outreach: \$35,000**

Elder Crisis Outreach provides **653** people 60 years of age and older with in-home crisis intervention and assistance in navigating the health and human service system that can be extremely overwhelming to elders in crisis. Services are provided to vulnerable, distressed at-risk elders who are experiencing a confluence of issues. **Zip Codes served: Multiple**

#### **Why is this program necessary?**

Most of the clients served are in danger of “falling through the cracks” in the system. They are unaware of the services that exist and do not know how to access existing services, are overwhelmed by their situation, or are unable to address their own needs.

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### **211 Palm Beach ([www.211palmbeach.org](http://www.211palmbeach.org))**

#### **Special Needs Helpline: \$5,000**

Special Needs HelpLine helps **384** parents from the moment they get the upsetting news that their child has a disability, throughout the child's school years, and into the transition period from young adulthood to employment. The HelpLine provides the parents with an overview of the special needs system of services in Palm Beach County and provides direct assistance, guidance and support as they deal with their emotions and navigate the varying levels of services within the system of care.

#### **Why is this program necessary?**

The Special Needs Continuum of Care Advisory Committee, after years of discussion and research, determined that Palm Beach County needed a Special Needs HelpLine and approached 211 to provide this service. With the number of disabled children, advocacy and support for families is crucial. The Special Needs HelpLine is a single source for information and referrals for families of children with Special Needs, birth to 22 years of age.

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### **211 Palm Beach ([www.211palmbeach.org](http://www.211palmbeach.org))**

**Sunshine Telephone Reassurance: \$13,700**

Sunshine Telephone Reassurance Program provides daily telephone reassurance calls to **517** isolated and oftentimes homebound elders and disabled adults throughout Palm Beach County. By calling each client on a daily basis, the volunteers provide contact with the outside world and a measure of security to some of our most vulnerable residents.

**Zip Codes served:** Multiple

### **Why is this program necessary?**

There is a need for a “safety net” for frail, at-risk elders who continue to live in their own homes.

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### **Alpert Jewish Family and Children ([www.jfcsonline.com](http://www.jfcsonline.com))**

**Case Management: \$10,000**

Case Management is a professional service that provides ongoing supervision, monitoring and advocacy to assist **136** individuals maximize his or her own independence and meet their full potential. The professional case implements a care plan, based on the assessment of the individual's psychological, emotional, financial, medical and cognitive needs.

**Zip Code served:** 33407

### **Why is this program necessary?**

Case Management is provided to any adult who is in need of comprehensive case management services and lives in Palm Beach County. According to the US Census 282,380 individuals age 65 and older live in PBC, which represents 21.6% of the county's population. Of those, who are 65 and older, 30.4% have a disability.

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### **Alpert Jewish Family and Children ([www.jfcsonline.com](http://www.jfcsonline.com))**

**Enhanced Companion: \$11,000**

The Enhanced Companion program offers an opportunity for companionship, socialization, transportation and recreational activities to **150** isolated seniors. **Zip Codes served:** Multiple

### **Why is this program necessary?**

When an individual is no longer able to drive or access reliable transportation for social gatherings, grocery shopping or medical appointments, the person can become isolated. These

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services allow the senior to remain home by providing both assistance and companionship.

**Alpert Jewish Family and Children ([www.jfcsonline.com](http://www.jfcsonline.com))**

**Life Planning: \$8,000**

The Melvin J. & Claire Levine LifePlanning® program offers education, advocacy, individual consultation, and emotional support to families who care for an adolescent or adult family member who has a disability. By assisting families to make viable and appropriate future plans for their family members through educational seminars and workshops, one-on-one consultations, and an annual resource fair. The program assists families in utilizing other organizations and professionals in the community by making appropriate referrals and by providing support and advocacy. The program serves **385** people.

**Zip Codes Served: Multiple**

**Why is this program necessary?**

Given the population of disabled individuals in Palm Beach County, the dependence on families and caregivers is immense. Many of these families do not utilize any community services, due to lack of information and knowledge about available options therefore leaving a high strain on families.

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**Alzheimer's Community Care ([www.alzcare.org](http://www.alzcare.org))**

**Specialized Day Care: \$41,000**

Specialized Alzheimer's Day Care program is a core component of a comprehensive model that provides therapeutic care for **463** patients and much needed respite for family caregivers. This program provides patients and family caregivers with tools to maintain quality of life for as long as possible by providing comprehensive dementia-specific care and family caregivers receive respite from the challenges of 24/7 care giving. **Zip Codes served: Multiple**

**Why is this program necessary?**

There are approximately 60,000 elderly residents in Palm Beach County with dementia. As Alzheimer's progresses, the individual becomes increasingly less able to care for themselves and may experience changes in personality and behavior, becoming anxious, agitated and suspicious. They require constant supervision and increased medical care, the daycare provides respite for the caregiver with a safe nurturing environment.

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### **[Alzheimer's Community Care \(www.alzcare.org\)](http://www.alzcare.org)**

**Family Nurse Consultant: \$36,000**

The Family Nurse Consultant (FNC) program provides services and resources serving **1,900** people with families living with Alzheimer's disease to enable them to care for their loved one at home with dignity and safety throughout the disease progression with licensed registered nurses specializing in Alzheimer's disease. Beyond providing education and care, Family Nurse Consultants provide linkages to dementia-specific programs and services and work closely with local health and human service providers and Florida Community Health Centers to address unmet medical needs for both the patient and the caregiver. **Zip Codes served: Multiple**

### **Why is this program necessary?**

There are approximately 65,000 elderly residents in Palm Beach County with dementia. One in eight persons age 65 and over and almost 50% of those 85 and over has Alzheimer's disease.

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### **[ARC of Palm Beach County \(www.arcpbc.org\)](http://www.arcpbc.org)**

**Adult Community Living: \$60,000**

The Community Living Program offers a comprehensive scope of services designed to help **210** adults with developmental disabilities achieve their highest level of personal independence and inclusion. These services include instruction in daily living skills and job preparation, assistance and guidance in order to secure and maintain employment, participation in a unique artisan program that fosters creativity and teamwork, community housing and recreational community based activities, which foster social skills development in an inclusive environment.

**Zip Codes served: Multiple**

### **Why is this program necessary?**

The Adult Community Living Program strives to create a society in which adults with disabilities have greater inclusion in their communities. Today, although legislation still supports this progress, the funding necessary in order to provide housing and essential supplemental services has been cut. Despite significant growth in the understanding and acceptance of adults with developmental disabilities in the workplace, there is still much more ground to cover in erasing any stigma.

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### **ARC of Palm Beach County ([www.arcpbc.org](http://www.arcpbc.org))**

**Family Support Services: \$25,000**

The Family Support Services are designed to assist the entire family of an individual with a developmental disability and ranges from providing referrals to community programs to engaging brothers and sisters in order to help them work through their feelings in Sibshops. They assist the family on a number of levels simultaneously in order to provide comprehensive supports. They provide assistance to **1,500** individuals and seek the series that will work best for their family. **Zip Code served: 33404**

#### **Why is this program necessary?**

There are estimates that 30,000-40,000 people with special needs are living in Palm Beach County. There are several key transitional times in a family's life during which support is particularly important and accurate information is essential; at the initial identification of the disability; at the start of pre-school; at the transition from elementary to middle school, from middle school to high school, and from school to work; the anticipation of old age by parent and/or the child him/herself.

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### **ARC of Palm Beach County ([www.arcpbc.org](http://www.arcpbc.org))**

**Respite Services: \$29,500**

The Respite Services Program provides assistance to **195** family members who care for a child or adult with a developmental disability. Short-term care is provided by trained professional caregivers, allowing the parent or guardian to engage in activities that are necessary for them to accomplish for themselves and their household, all with the peace of mind that comes with knowing that- at least for a few hours- their loved one's needs are being met in a caring and competent manner by kind and compassionate professionals. **Zip Codes served: Multiple**

#### **Why is this program necessary?**

Although many families take great joy in providing care to their loved ones so that they can remain at home, the physical, emotional and financial consequences for the family caregiver can be overwhelming without support. Respite provides the much needed assistance by giving families a temporary break from the often exhausting challenges faced by the caregiver.

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### **ARC of the Glades ([www.arcglades.org](http://www.arcglades.org))**

**Community Based Services: \$6,000**

Community-Based Services assist **49** clients with living and working as independently as they choose and are capable of being in the community. Through experiential exposure, clients develop skills to interact successfully with their home communities. Clients enter at any appropriate point and may progress, regress and progress again. **Zip Codes served: Multiple**

#### **Why is this program necessary?**

In western Palm Beach County, Arc of the Glades is the only provider of comprehensive community-based developmental services and is the only certified provider of Adult Developmental Training in western Palm Beach County.

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### **ARC of the Glades ([www.arcglades.org](http://www.arcglades.org))**

**Facility Based Services: \$22,500**

The program develops **37** adults with skills promoting increased self-reliance and greater independence. It is part of a continuum of services beginning with fundamental skill development and potentially culminating in employment and independent living with reduced artificial supports, for those able to achieve it. **Zip Code served: 33430**

#### **Why is this program necessary?**

The Arc of the Glades is the only certified provider to Adult Developmental Training in western Palm Beach County.

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### **Legal Aid Society ([www.legalaidpbc.org](http://www.legalaidpbc.org))**

**Relative Caregivers Project: \$11,000**

Relative Caregivers Project (RCP) provides legal advice, consultation and representation to relative caregivers who are caretakers for minor children, ensuring family and financial stability while keeping the children out of the foster care system. This program is free of charge and serves **210** members. They are designed to assist them with the unique legal and financial problems faced by relative caregivers raising minor children. **Zip Codes served: Multiple**

#### **Why is this program necessary?**

25,000 South Florida relatives are stepping into the role of mom and dad for their grandchildren, nieces and nephews, etc. It is estimated by local industry professionals that 35% of their relative caregiver families never enroll or register in a governmental program.

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### **Palm Beach Habilitation Center ([www.pbhab.com](http://www.pbhab.com))**

**Crew2U: \$50,000**

The Crew2U provides employment opportunities in the community for **50** individuals with significant disabilities. The focus of this program is to provide additional supports and supervision to individuals who are unable to work independently in the community due to their disabilities and limitations. **Zip Codes served: Multiple**

#### **Why is this program necessary?**

Adults with disabilities are an underutilized source for employment in the community. The US Department of Labor Statistics reports that 44% of individuals with disabilities are unemployed and 32% live at or below the poverty level in Palm Beach County. This program will assist individuals to become productive members of society rather than just being recipients of public assistance.

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### **Palm Beach Habilitation Center ([www.pbhab.com](http://www.pbhab.com))**

**Program Management: \$90,000**

The Program Management Project provides supports and services for **600** individuals with significant disabilities and their families in order to assist them in becoming as independent as possible. The focus of this program is to assist the individual to identify personal goals they would like to achieve during the program year and chart their progress in achieving these goals. It also advocates for the individual and their family members in accessing available services and to work with funding sources to maximize the level of assistance to meet the ongoing needs of the Individual. **Zip Code served: 33461**

#### **Why is this program necessary?**

Adults with disabilities and their families have a difficult time navigating the social service system in Florida. The program provides an advocate to ensure that participants are involved in the most appropriate programs and receiving the level of services needed in order to maintain independence. This prevents individuals being regulated to institutional living which does not provide the levels of support or training needed in order to promote self-sufficiency.

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### **Palm Beach Habilitation Center ([www.pbhab.com](http://www.pbhab.com))**

**Work Training: \$68,000**

The Work Training provides employment related supports and services for **200** individuals with significant disabilities in order to assist them in working as independently as possible. The focus of this program is to assist individuals to work and to learn the skills and expectations an employer may have. Staff members help in charting progress of their personal goals.

**Zip Code served: 33461**

#### **Why is this program necessary?**

Adults with disabilities are an underutilized source for employment in the community. Currently, the unemployment rate for individuals with disabilities is approximately 70%. With proper training and supports, many of these individuals can obtain and maintain employment in the community. This program will assist individuals to become productive members of society rather than just being recipients of public assistance.

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### **Seagull Services ([www.seagull.org](http://www.seagull.org))**

**SAIL Internship and Supported Employment: \$25,000**

SAIL's curriculum is specifically focused on transitioning **71** students from school to independent living and increasing their financial security through gainful employment, which provides a comprehensive, multi-faceted approach to prepare students for and assist them in obtaining and sustaining employment. **Zip Codes served: Multiple**

#### **Why is this program necessary?**

Many of the students are "at-risk" of dropping out of school, or engaging in activities detrimental to themselves and society. Programs offer them not only educational skills but the life and social skills that will lead them to greater independence. The job coach works with students in the area of resume writing, interview skills, and work ethic.

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### **Seagull Services ([www.seagull.org](http://www.seagull.org))**

**Achievement Center: \$95,000**

The Seagull Achievement Center serves **140** adults with significant disabilities by providing services including education, vocational training, and work opportunities; enrichment activities such as a studio arts program, and age and ability-appropriate fitness, social and community-based activities; specialized programming for seniors and "young seniors" with disabilities; as well as a Personal Care Program to serve people with significant disabilities and provide support for their caregivers. **Zip Code served: 33404**

#### **Why is this program necessary?**

This program is necessary because many of Palm Beach County's developmentally challenged adult population are not capable of working in competitive employment, jobs fluctuate with the economy and they are often the first to lose their jobs in a down-turn.

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### **Seagull Services ([www.seagull.org](http://www.seagull.org))**

**Seagull Place Group Homes: \$50,000**

Seagull Place a licensed Assisted Living Facility (ALF.) that is home to **24** adults with developmental disabilities. It provides 24-hour residential care including prescription medicine dispensing and an array of services. All residents participate in daily programs such as a day program, school, and supported or traditional community-based employment as well as meals and snacks and assistance so they can participate in the various social and recreational activities of their choice, in the evenings and on weekends. **Zip Code served: 33404**

#### **Why is this program necessary?**

Deinstitutionalization demands that local residents' services be available for special needs clients. There are too many "mom and pop" group homes that are not associated with a professional social service agency like Seagull Services for the Disabled. Clients are best served in residential programs.

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**YMCA of South Palm Beach ([www.ymcaspbc.org](http://www.ymcaspbc.org))**

**Adaptive Swim: Special Needs Outreach: \$10,000**

Adaptive Swim provides **120** children with special needs and **120** caregiver's skills and knowledge to prevent drowning related injury and death in the state with the highest incidents of drowning; and has been credited by parents/caregivers/professionals with therapeutic breakthroughs, resulting in greater independence, increased social skills and confidence.

**Zip Codes served:** Multiple

### **Why is this program necessary?**

Fatal drowning in Palm Beach County is the 2<sup>nd</sup> leading cause of unintentional injury related death from ages one to 14 years old. When a child is alone around water and does not recognize the danger, falls into the water and does not know what to do, it is frightening and life threatening. Children with autism are twice as likely to drown. Florida ranks first in nation for drowning related deaths for children. This program is a high need living in Palm Beach County and is the only tailored to meet the needs of each individual's ability and development.